



Course Syllabus

1	Course title	Health Assessment	
2	Course number	0702107	
3	Credit hours	One credit hour (Theory)	One credit hour (Practical)
	Contact hours (theory, practical)	One credit hour (Theory), four contact hours(Practical)	
4	Prerequisites/corequisites	0501105	
5	Program title	B.Sc. in Nursing	
6	Program code	-	
7	Awarding institution	The University of Jordan	
8	School	School of Nursing	
9	Department	Clinical Nursing Department	
10	Course level	Second Year Course	
11	Year of study and semester (s)	1 st semester 2022/2023	
12	Other department (s) involved in teaching the course	Maternity and child health care, and community departments	
13	Main teaching language	English	
14	Delivery method	<input checked="" type="checkbox"/> Face to face learning <input type="checkbox"/> Blended <input type="checkbox"/> Fully online	
15	Online platforms(s)	<input checked="" type="checkbox"/> Moodle <input checked="" type="checkbox"/> Microsoft Teams <input type="checkbox"/> Skype <input type="checkbox"/> Zoom <input type="checkbox"/> Others.....	
16	Issuing/Revision Date	17/9/2022	

17 Course Coordinator:

Name: Dr. Zyad Saleh PhD, RN

Office number: Third floor, 323

Office hours: Monday and Wednesday 11am – 12md or by appointment -send message on Microsoft Teams



Email: zyad.saleh@ju.edu.jo

18 Other instructors:

Name: Shaymaa' Saeed Issa Msc, RN

Office number:221

Phone number: 5355000/ Ext.

Email: S_Issa@ju.edu.jo

Office hours:

19 Course Description:

This course provides students with the knowledge and skills necessary to perform health assessments for individuals of all ages, emphasizing the adult, using the skills of history taking, inspection, palpation, percussion, and auscultation. This course focuses on normal findings and common deviation from normal of each of the major body systems. The students will be provided the opportunity to practice health assessment skills in the faculty of nursing laboratories

20 Course aims and outcomes:

A- Aims:

This course aims to help students develop the skills and techniques required to perform health assessment as a first step of the nursing process and recognize the normal findings and the deviation from normal.

B- Students Learning Outcomes (SLOs):

Upon successful completion of this course, students will be able to:

SLOs	SLO (1)	SLO (2)	SLO (3)	SLO (4)
SLOs of the course				



1. Demonstrate competency in performing and providing the role of a professional nurse in quality care provision for individuals, families, and groups.	Illustrate appropriate techniques in performing a health assessment	Determine the suitable health education that should be covered based on clients' needs	Relate relevant anatomy and physiology to the health assessment process	
2. Apply principles of effective communication with peers, individuals, families, groups, and health care teams	Demonstrate necessary skills in documenting health assessment findings	Facilitate effective communication skills to ensure comfort and a healthy atmosphere		
3. Utilize critical thinking and problem-solving in planning and implementing nursing care for individuals, families, and groups.	Explain health assessment techniques appropriate to each body system	Differentiate between normal and abnormal health assessment findings.	Put together health assessment skills in a scientific and safely way	
4. Apply professional standards, values, and behaviors in providing nursing care for individuals, families, and groups.	Demonstrate the ability to deal in a professional and culture-sensitive manner			
5. Demonstrate safety measures to protect self, individuals, families, and groups.	Illustrate appropriate techniques in performing the health assessment	Demonstrate adequate skills to perform health assessment procedures in a safe manner		
6. Translate organizational, leadership, interprofessional collaboration, and management concepts into nursing care for individuals, families, and groups.	Demonstrate effective and appropriate decision-making abilities during lab demonstration	Demonstrate skills in identifying normal and abnormal findings	Lead and participate in class presentations and lab demonstration	Develop skills in assessing individuals and their families
7. Utilize evidence-based practice in providing care for individuals, families, and groups.	Show ability to search the internet to identify scientific answers for given case studies or			

	assignments		
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21 Topic Outline and Schedule:

Week & date	Topic	Teaching Methods*/platform	Evaluation Methods**	References
Week 1 9/10	- Course orientation		-	
Week 2 16/10	-Complete health history -General Survey -Assessment techniques - Integumentary System - Assessment - Head and Neck	1. Face to Face lecturing 2. Laboratory demonstrations	-Midterm Theory Exam -Clinical exam	Bat's Chapters 1, 3, 4,6,7 Jarvis Procedure Manual
Week 3 23/10	- Eyes Assessment	1. Face to Face lecturing 2. Laboratory demonstrations	-Midterm Theory Exam -Clinical exam	Bat's Chapters 7 Jarvis Procedure Manual
Week 4 30/10	- Ears, Nose, Mouth, and Throat Assessment	1. Face to Face lecturing 2. Laboratory demonstrations	-Midterm Theory Exam -Clinical exam	Bat's Chapter 7 Jarvis Procedure Manual
Week 5 6/11	Respiratory System Assessment	1. Face to Face lecturing 2. Laboratory demonstrations	-Final Theory Exam -Clinical exam	Bat's Chapter 8 Jarvis Procedure Manual
Midterm Exam To be determined				
Week 6 13/11	Respiratory System Assessment	1. Face to Face lecturing 2. Laboratory demonstrations	-Final Theory Exam -Clinical exam	Bat's Chapters 8 Jarvis Procedure Manual
Week 7 20/11	Cardiovascular System Assessment Peripheral Vascular System	1. Face to Face lecturing 2. Laboratory demonstrations	-Final Theory Exam -Clinical exam	Bat's Chapters 9, 12 Jarvis Procedure

				Manual
Week 8 27/11	Cardiovascular System Assessment Peripheral Vascular System	1. Face to Face lecturing 2. Laboratory demonstrations	-Final Theory Exam -Clinical exam	Bat's Chapters 9, 12 Jarvis Procedure Manual
Week 9 4/12	Abdominal Assessment	1. Face to Face lecturing 2. Laboratory demonstrations	-Final Theory Exam -Clinical exam	Bat's Chapters 9, 12 Jarvis Procedure Manual
Week 10 11/12	Musculoskeletal System Assessment	1. Face to Face lecturing 2. Laboratory demonstrations	-Final Theory Exam -Clinical exam	Bat's Chapters 11 Jarvis Procedure Manual
Week 11 18/12	The Neurological System Assessment	1. Face to Face lecturing 2. Laboratory demonstrations	-Final Theory Exam -Clinical exam	Bat's Chapters 11 Jarvis Procedure Manual
Week 12 25/12	Holiday			
Week 13 1/1	Holiday			
Week 14 8/1	Clinical Exam	To be determined		Bat's Chapters Jarvis Procedure Manual
Week 15 15/1	Clinical Exam	To be determined		Bat's Chapters Jarvis Procedure Manual

Week 16	Final theory exam	To be determined		
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22 Evaluation Methods:

Opportunities to demonstrate achievement of the SLOs are provided through the following assessment methods and requirements:

Evaluation Activity	Mark	Topic(s)	SLOs	Period (Week)	Evaluation method
Mid-term exam	20	<ul style="list-style-type: none"> - The health history - Physical examination technique - General survey - The Integumentary System - The Head and Neck - The Eyes - Ears, Nose, Mouth, and Throat 	Table page 4: (1.1, 1.3, 2.1, 3.1, 3.2, 3.3, 4.1, 5.1, 5.2)	To be announced	In campus
Clinical exam	25	<ul style="list-style-type: none"> - The health history - Physical examination technique - General survey - The Integumentary System - The Head and Neck - The Eyes - Ears, Nose, Mouth, and Throat - The Musculoskeletal 	Table page 4: (1.1, 1.3, 2.1, 3.1, 3.2, 3.3, 4.1, 5.1, 5.2)	To be announced	In Nursing laboratory



		<ul style="list-style-type: none"> - The Nervous System - The Respiratory System - The Cardiovascular System - The Peripheral Vascular System and lymphatic system - The Gastrointestinal and Renal Systems 			
Clinical evaluation	5	<ul style="list-style-type: none"> - Weekly 	All SLOs	Weekly	In Nursing laboratory
Final Theory Exam	50	<ul style="list-style-type: none"> - The Musculoskeletal - The Nervous System - The Respiratory System - The Cardiovascular System - The Peripheral Vascular System and lymphatic system - The Gastrointestinal and Renal Systems 	Table page 4: (1.1, 1.3, 2.1, 3.1, 3.2, 3.3, 4.1, 5.1, 5.2)	To be announced	In campus

23 Course Requirements

- Students should have a computer, internet connection, webcam, account on Microsoft Teams
- Students should have a lab coat, stethoscope, penlight, and meter.

24 Course Policies:

A- Attendance policies:

- Students must attend all classes of this course
- Any student with an absence of 15% of the classes of any course will not be allowed to sit for the final exam and will be given the university zero (F grade) in this course.
- In case (b) above, if a student submits an official sick report authenticated by university clinic or an acceptable excuse by the Dean of his/her faculty, the student will be considered as



withdrawn from the course, and a “W” will be shown in the transcript for this course.

- Students are not allowed to attend late classes. Any student coming late will not be allowed to attend the class, and he/she will be marked absent.

B- Absences from exams and submitting assignments on time:

- Failure to attend a course exam other than the final exam will result in zero marks unless the student provides an acceptable official excuse to the instructor who approves a make-up exam.
- Failure in attending the final exam will result in zero mark unless the student presents an acceptable official excuse from the Dean of School of Nursing who approves an incomplete exam, usually scheduled to be conducted during the first two weeks of the successive semester.

C- Health and safety procedures:

- Students should comply with the University of Jordan, Ministry of Health, and Ministry of Higher Education rules and regulations for COVID-19 precautions when allowed to attend exams at the university premises, including but not limited to wearing the mask, gloves, and keep 1.5-2M physical segregation from colleagues

D- Honesty policy regarding cheating, plagiarism, misbehavior:

- Cheating, plagiarism, misbehavior attempting to gain marks dishonestly and includes; but are not limited to:
 - Copying from another student’s work.
 - Using materials not authorized by the institute.
 - Collaborating with another student during a test without permission.
 - Knowingly using, buying, selling, or stealing the contents of a test.
 - Plagiarism means presenting another person’s work or ideas as one’s own, without attribution.
 - Using any media (including mobiles) during the exam
- **The participation or the commitment of cheating will lead to applying penalties according to the University of Jordan Students’ Discipline rules and regulations No. (94, 49, 47,27, 29): <http://units.ju.edu.jo/ar/LegalAffairs/Regulations.aspx>**

D- Grading policy:

- A grade of (D) is the minimum passing grade for the course.

E- F- Available university services that support achievement in the course:

- online services (*e-learning*)

25 References:

A- Required book(s), assigned reading and audio-visuals:

- *Lynn S. Bickley MD, FACP, Peter G. Szilagyi MD, MPH, Richard M. Hoffman MD, MPH, FACP, Rainier P. Soriano MD (2020) Bates ’nursing guide to physical examination and*



history taking (13th ed.). Philadelphia: Wolters Kluwer Health/Lippincott Williams & Wilkins.

- Bates' Visual Guide; access through <https://ezlibrary.ju.edu.jo:3457/> (note: Need to sign up for ezlibrary (the electronic library of the University of Jordan))

B- Recommended books, materials, and media:

- *Jarvis, C. (2020). Physical Examination & Health Assessment. (8th ed.) St. Louis: Saunders Elsevier.com.*
- *Berman, A., Snyder, S. J., & Frandsen, G. (2022) Kozier and Erb's Fundamentals of Nursing: Concepts, Process and Practice (11th ed) Pearson Education*

26 Additional information:

Name of Course Coordinator: ---Dr. Zyad Saleh-----Signature: --- --- Date: --17/09/2022--
Head of Curriculum Committee/Department: ----- Signature: ----- ---
Head of Department Dr. Zyad Saleh ----- Signature: ----- Dr. Zyad Saleh ----- -----
Head of Curriculum Committee/Faculty: ----- Signature: ----- -
Dean: ----- Signature: -----